



HYDRAFACIAL

HydraFacial MD® is a combination treatment that uses patented technology to simultaneously cleanse, extract, and hydrate the skin. It clears dead skin cells and prepares pores for extraction using a mix of glycolic acid, salicylic acid, and botanical substances.

PRE-TREATMENT

- Patients undergoing isotretinoin acne treatment (Accutane), a 6-month waiting period after discontinuation of medication is required.
- STOP any retinoids such as Tazorac, Retin-A, Renova, Differin, Veltin, Epiduo or Ziana for 5-7 days prior to treatment and 5-7 days after.
- Refrain from any type of exfoliating treatment(s) (glycolic, enzymes) to the area of treatment for 48 hrs.
- Refrain from any Medium/ Deep chemical resurfacing and laser treatments for four (4) weeks.
- Refrain from waxing and use of depilatories for 48 hrs.
- Discontinue use of OTC acne medications (Benzoyl Peroxide, Salicylic) for 48 hrs.
- If you are prone to cold sores (oral herpes simplex), take your prescribed medication (Famvir, Famciclovir, Valtrex, Valacyclovir, Acyclovir) as prescribed in the 24 hours prior to your treatment, the day of, and the day after.
- Avoid sun tanning or tanning creams/sprays for at least 72 hrs.
- If you've received any injectable, filler and/or neurotoxins, wait at least 2 weeks before receiving a Hydrafacial treatment.
- Neurotoxin, filler, and other injectable treatments MAY be done on the same day with the Hydrafacial scheduled prior to injectable treatment.
- For Gentlemen's Hydrafacial treatment, shaving is not recommended on day of treatment. If you choose to shave, please shave at least 3-4 hours prior to your treatment.
- If you have any special health considerations, allergies, pregnant or breastfeeding, etc., be sure to notify us when you make your appointment.

POST-TREATMENT

- Avoid prolonged sun exposure or sun bathing for at least 2 weeks (although, we recommend this indefinitely) to prevent UV rays from damaging your skin which slows down the benefits of Hydrafacial. Patients who absolutely cannot avoid sun exposure should use a broadspectrum sunscreen with an SPF of 30 or higher to maintain your improved skin.
- Injections can be resumed in 24hrs.
- Waxing and depilatories can be resumed in 48 hrs.
- Avoid heat (hot showers, sauna, and intense cardio) for 24 hrs.
- If you do not need make-up for the evening of treatment, wait until the next morning.
- Topical RX and OTC acne medications can be resumed in 48 hrs.