



VI PEEL

The Vi Peel Portfolio has a suitable formulation of medium depth peels for nearly every skin type and indication. Vi Peel formulations are designed to address a variety of skin concerns such as melasma, hyperpigmentation, PIH, textural scarring, hormonal acne, oily/congested skin, sensitive skin, fine lines, rosacea, collagen-depletion, and early signs of aging.

PRE-TREATMENT

- You are NOT a candidate for this treatment if you:
 - are pregnant or are breastfeeding
 - have an aspirin, hydroquinone, or phenol allergy
 - have used oral isotretinoin (Accutane) within the past 6 months
 - have active cold sores, warts, open wounds, or history of herpes simplex
 - are undergoing chemotherapy and or radiation therapy within 6 months
 - have a history of an autoimmune (i.e. Lupus) or liver disease/disorder, as well as, any condition that may weaken the immune system
- Make sure to schedule your appointment accordingly. Peeling typically occurs on the third day after treatment, for at least three days. Routine skincare and activity can resume after Day 7 of treatment. The amount of peeling a patient experiences can vary from flaking to heavy peeling and is different for everyone.
- Avoid direct or prolonged UV/Sun exposure for 14 days prior to your appointment.
- Avoid laser hair removal, waxing, chemical hair removal creams and electrolysis 7 days prior to your appointment.
- Avoid retinoids, AHA/BHA, Retinols for approximately 7-14 days prior to your appointment.
- Allow 2 weeks after filler/neurotoxin injections to schedule Vi Peel.

POST-TREATMENT

- For detailed Aftercare, refer to the booklet received with the Vi Peel Aftercare Kit or by downloading the Vi Peel App for your Days 1-7 Aftercare Instructions.
- Vi Peel recommends to use only their aftercare treatments for Days 1-7, which are provided in the take home kit.
- Do not apply anything to your skin for 4 hours post Vi Peel Treatment, including an SPF. Stay out of direct sunlight.
- The level of peeling may vary from flaking to heavy peeling; you will peel as much as your skin needs to peel.
- Your skin may experience slight irritation, itchiness, or inflammation.
- Dark spots may temporarily darken during the peeling process.
- Acne purging may be noticed as impurities are brought to the surface of the skin.
- Avoid sun exposure for 7 days after your Vi Peel Treatment.
- Avoid rubbing, pulling, picking, and peeling the skin. This can cause irritation, scarring, and pigmentation.
- Avoid activities that cause excessive sweating for 3-5 days after your Vi Peel Treatment (includes exercise, sauna, hot tub, and steam room).
- Avoid hot water when cleansing your face.
- Stay hydrated and drink lots of water.
- After application of each towelette, wash hands with soap and water.

4 HOURS POST TREATMENT

- Cleanse the skin using the Gentle Purifying Cleanser provided in the kit. Rinse with cool water and pat dry.
- Locate the towelette labeled Post Peel Towelette and apply to areas where the peel was applied using gentle pressure. Discard towelette and wash hands.
- Wait 10 min, then apply a thin layer of Post Treatment Repair Cream provided in the kit.

For the remaining Day 1 - 7 steps, please refer to your Vi Peel-specific kit or in-app directions.