



CHEMICAL PEELS

PRE AND POST CARE

POST-TREATMENT CARE:

Chemical Peels are used to help patient find youthful and beautiful skin, which helps you look and feel your best. Chemical peels can treat sun damage, fine lines, hyperpigmentation, and unwanted freckles. Chemical peels are cosmetic procedures used to remove the epidermal layer of your skin to regenerate new cell growth. You may notice peeling after your treatment, but this is natural. Skin will be soft after the treatment and there is no scarring. If you have unsightly scars from injuries or acne, chemical peels will help eliminate these imperfections.

Lactic acid chemical peels are great first-time peels and can be used on light and dark complexions. It is a perfect peel with little irritation and is great if you have sensitive skin. There is little downtime with a mild peel. Stronger chemical peels will have 5-7 days of downtime and they do cause skin peeling.

Follow post-care instructions carefully to maintain the best possible results from chemical peels. If you have any questions or problems not listed here, call GFaceMD, and we will be happy to help.

- Use gentle cold compresses to the treated area as needed for irritation or burning associated with a chemical peel.
- Avoid excessive heat on the treated area
- Avoid direct sun exposure
- Use sunscreen
- Do not pick, tweeze, rub, exfoliate, wax use a depilatory, or schedule a facial for 4 weeks after a chemical peel
- Do not scratch at peeling skin
- Do not use an acidic product like retinoids or tretinoins, acne medications, or vitamin C products for up to two weeks after a chemical peel
- Moisturize often to avoid letting the skin dry out
- Avoid using makeup until the skin is healed.

Notify GFaceMD at 781-524-3223 if you are experiencing any unusual swelling, redness, or any other problem associated with chemical peels.