



NEUROMODULATORS

PRE AND POST CARE

POST-TREATMENT CARE:

Neuromodulators

Neuromodulator injections usually take between 15 to 30 minutes in the office. These injections are an effective and safe cosmetic procedure with minimal recovery time and side effects. You will experience changes in about 3-14 days, and neuromodulators treatments last about 3-4 months.

Bruising varies, and minimal bruising resolves within 2-3 days. Occasionally, bruising may last up to 7-10 days. It is normal to find a small lump in the injected areas. Lumps are common and will resolve within 30 minutes to a few hours. You may feel firmness in the injection areas over the first few days after treatment. Over time the area softens, and you will look natural.

Some patients experience headaches after neuromodulator injections. Use Tylenol to relieve headaches if your medical provider approves. You may also take prescription headache medication as prescribed by your physician.

Follow post-care instructions carefully to maintain the best possible results from your neuromodulator treatment. If you have any questions or problems not listed here, call GFaceMD, and we will be happy to help.

- No laying down for 4 hours.
- Do not rub or massage the treated area.
- No working out that calendar day.
- No yoga or heavy lifting.
- No saunas.
- Do not get a facial, laser, microdermabrasion, or chemical peel for 14 days after injections.
- Stay out of the sun until redness or swelling has diminished.
- Avoid headbands or hats if the band goes around your forehead and if you have had injections between the brows or in the forehead.
- A cold pack or gel will help reduce swelling and minimize bruising. However, avoid pressure for several days.
- Masseter specific: No chewing gum for 2 weeks
- Be patient.

Notify GFaceMD at 781-524-3223 if you are experiencing any unusual swelling, redness, or any other problem associated with the PDO Thread procedure.