



# SCULPTRA

## PRE AND POST CARE

### POST-TREATMENT CARE:

Sculptra is an injectable used to reduce sunken cheeks, deep folds, and indentations on the face. It contains PLLA, a collagen stimulator helping restore fullness to facial wrinkles and folds. In addition, Sculptra results in a softer and more youthful appearance that looks natural. Sculptra is designed to stimulate collagen by using Poly-L-lactic acid (PLLA) as the active ingredient. PLLA is a biocompatible synthetic ingredient manufactured specifically to induce collagen production.

In most cases, patients can see the full results of Sculptra between four and six weeks after treatment. Sculptra lasts for up to two years and does not require minimal yearly maintenance to keep it fresh.

Follow post-care instructions carefully to maintain the best possible results from Sculptra injection treatment. If you have any questions or problems not listed here, call GFaceMD, and we will be happy to help.

There is minimal recovery time after Sculptra treatment, but post-treatment instructions include:

- Massage treatment areas 5 times a day for 5 minutes each for 5 consecutive days
- Hold an ice pack on the treated areas for about 3-5 minutes a few times a day
- Avoid wearing makeup the same day
- Watch for treated areas that may be red, swollen, and bruised for the first 2-7 days
- Use Tylenol for any post-procedure discomfort
- Restrict facial movement for the day and make sure to get rest after the treatment
- Do not perform a strenuous activity or heavy lifting for three weeks
- Avoid aspirin for the next two weeks after treatment
- Avoid applying makeup or facial cream for 48 hours
- Do not use straws
- Avoid chewing gum for at least two weeks
- Keep your head elevated for a week

**Notify GFaceMD at 781-524-3223 if you are experiencing any unusual swelling, redness, or any other problem associated with the PDO Thread procedure.**